



## BREAKFAST until midday

### fruit • grain • juice • raw

Seasonal fruit salad with yoghurt & granola 42

Bircher muesli 40

#### whole fruit & vegetable juice

- Orange – carrot, apple & orange 36
- Green – apple & cucumber 36
- Red – beetroot & carrot 36
- Pure orange 26
- add ginger, celery or mint 4

#### smoothies

Melissa's Morning – mango, fresh orange juice, yoghurt & raw honey 32

Melissa's Berry – mixed berries, yoghurt & raw honey 32

Melissa's Raw – banana, raw honey, almonds, soya milk & wheat germ 32

## bakery

A basket of freshly milled stoneground bread toasted and served with butter, mild cheese & Melissa's preserves 34

Lightly toasted banana bread served with honey mascarpone 46

Butter croissant served with butter, mild cheese & Melissa's preserves 44

## muffins

Bran, nut & raisin muffin with butter, mild cheese & Melissa's preserves 34

Carrot, apple and pecan muffin & butter **wheat-free** 36

Spinach & feta muffin with a touch of cayenne & butter 26

## classic

Traditional English breakfast with free-range eggs, oven-roasted tomatoes, bacon and a basket of freshly milled stoneground toasted bread & butter  
• scrambled • poached • boiled • fried 65

Free-range egg omelette 44  
• mild cheese +14  
• smoked ham +18  
• pan-fried mushrooms +16  
• smoked salmon trout +38

Eggs Benedict soft poached free-range eggs, bacon and Hollandaise on toasted ciabatta with roasted tomatoes 69

Baby marrow & potato hash brown topped with smoked salmon, cream cheese, caper salsa & free-range poached egg 58

## favourites

Free-range poached egg, crispy-fried bacon & Hollandaise on baby marrow & potato hash brown 66

Bacon jam & free-range poached egg on toasted ciabatta 56

Scrambled free-range egg, bacon & roasted tomato wrap 62

Creamy wild mushrooms with free-range poached egg on toasted ciabatta 86

## BUFFET help yourself from our selection at the table

**lunch** midday – 14:30 R21 per 100g

A selection of delicious homemade food.

## LUNCH & LATER

Quiche & salad 60

Caesar, cos lettuce, homemade croûtons, crispy bacon, Parmesan & Caesar dressing 69

Cajun chicken, butternut, goat's cheese & Melissa's toasted seed mix salad 79

Roasted butternut, lentil, basil pesto & feta wrap 59

Sweet chicken, roasted red pepper, fresh tomato & avocado wrap 79

Roast chicken & Melissa's fresh herb mayonnaise sandwich open 54  
toasted 66

Smoked salmon, cream cheese and caper salsa on open toasted sourdough rye. Add R10 for avo 66

Pan-fried chicken livers in a spiced tomato sauce 68

Aubergine Parmiggiano of slow-cooked aubergine, Italian tomatoes, mozzarella, Parmesan & fresh basil 70

Prego roll with chips 92

100% Pure beef or free-range chicken burger with chips 82

Creamy chicken & leek pie with chips & coleslaw 85

## children

Free-range scrambled eggs on toast 28

Crunchy fried chicken strips & tomato sauce 48

## from the bakoond

Roast free-range chicken with chips & coleslaw 98

Sticky pork belly ribs with chips & coleslaw 140

#### wood-fired pizza

Margherita 45

Margherita with ham 60

Margherita with pineapple 53

Margherita with mushrooms 65

Margherita with ham, mushrooms & pineapple 88

Melissa's garden herb cook's salt & feta 45

Prosciutto, fior di latte & rocket 95

Caramelised red onion, goats cheese & chilli walnut salsa 80

Bacon, avocado, spring onion, Melissa's sundried tomato, bell pepper, feta & rocket 75

Salami, courgette, pickled peppers & olives 95

Cajun chicken, peppadew, sundried tomato, feta & rocket 80

Extra toppings:

• spring onions / courgettes +5

• pineapple +8

• avocado / olives +10

• gypsy ham / bacon / caramelised onions / pickled peppers +15

• mushrooms / walnut salsa +20

• cajun chicken, feta cheese, fior de latte / sundried tomato, feta, bell pepper + 25

• salami / prosciutto / goats cheese / peppadew, sundried tomato +35



# MELISSA'S

## FOOD • HOME • GIFT

## DESSERT

- Chocolate brownie with vanilla ice cream 38
- Malva pudding with vanilla ice cream 32

## SWEET

### scones

- Scones served with butter, Melissa's preserves, whipped cream & mild cheese 42

### treats

- Chocolate brownies **wheat-free** 24
- Chocolate caramel shortbread 22
- Muesli bars with chocolate & caramel 22
- Pumpkin, sunflower, sesame & maple syrup bars 18
- Fruit & nut biscotti 26
- Lemon Meringue pie 28

### cake

A selection of our beautiful freshly-baked cakes

- Carrot cake 39
- Cheesecake 38
- Pecan Praline cheesecake 46
- Lemon Chiffon cake 34
- Chocolate cake 36
- Black Velvet cake 36
- Orange Almond cake **wheat-free** 37

## DRINKS

### hot

#### coffee

Melissa's speciality coffee prepared by our team of Baristas is exclusively blended and freshly ground

- Espresso 20
- Americano 20
- Filter 20
- Flat White sgl 23
- Flat White dbl 26
- Caffe Latte 26
- Machiato 20
- add R2 for decaf

#### hot chocolate

- Melissa's hot chocolate 25
- Melissa's hot chocolate baby 8 regular 28 with Nutella hazelnut chocolate
- Hot chocolate & peanut butter latte 28

#### tea

- Pot of tea for one 22 for two 26
  - Ceylon • Earl Grey • English Breakfast
  - Rooibos
- Pot of loose leaf tea 26
  - Japanese Green Sencha • Andean Peppermint Leaves • Wild Forest Berry infusion • Pear & Cinnamon infusion

#### red espresso®

- Red espresso® the Rooibos version of coffee extracted from the bright red rooibos tea leaves is used in a similar fashion to espresso in our hot drinks
- Flat Red Espresso honey & cinnamon® 26
- Red Latte honey & cinnamon® 28
- Red Chai latte® 28

### cold

#### iced tea

- Rooibos iced tea & fresh apple juice on ice® 26
- Bos ice tea 22
- Arizona ice tea 48
- Espresso iced coffee with fresh cream, milk & honey 22

#### frappe

- Spiced chai black cherry 38
- Strawberry & cream 38
- Chocolate 38

#### milkshake

children's 26 regular 36

Melissa's milkshakes are only made with real home-made ice cream, real chocolate, eggs, milk, cream & sugar (No preservatives or colourants) vanilla • strawberry • dark chocolate

#### soda

- Gingerbeer • Lemonade 16
- Appetizer • Grapetizer (red or white) 24
- Coke • Coke light • Tab 18

#### fruit juice

- Juicebox seasonal bottled fruit juice 20

#### whole fruit & vegetable juice

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#### water

- Mineral water (sparkling or still) 18

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